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# **TV Series Lifts Curtain On Alzheimer's**

HBO Documentary Films and the National Institute on Aging at the National Institutes of Health lift a curtain on the lives of those impacted by Alzheimer's disease, as well as the most cutting edge advances from those who treat and study the disease, in a new documentary project.

The "Los Angeles Times" wrote that the 4-part HBO documentary is "an ambitious, disturbing, emotionally fraught and carefully optimistic film exploring virtually every angle of Alzheimer's disease that can be explored on television."

If you haven't already, I invite you to watch these films and offer your reaction, beginning with "The Memory Loss Tapes." After watching, consider sharing your thoughts. What affected you the most and why?

The series is available on HBO, HBO on Demand, or you can watch for free on your computer at [www.hbo.com/alzheimer's](http://www.hbo.com/alzheimer's), where many other resources are available.

Here's a brief summary of what the films are about:

"The Memory Loss Tapes" portray an up-close and personal look at seven individuals living with Alzheimer's. The captivating stories include a mother who adamantly struggles to maintain her simple lifestyle in the face of her memory loss; a woman in a nursing home who believes the image in the mirror is her best friend; and a father who steals the show with his vocal performance, but can no longer remember his family. The film focuses on issues of independence, communication, changes in intimacy and sexual behavior, caregiving and end of life choices.

The other films are:

"Grandpa, Do You Know Who I Am?" with Maria Shriver. The film captures what it means to be a child or grandchild of one who suffers with Alzheimer's disease.

"Momentum in Science" is a two-part state-of-the-science film taking you inside the laboratories and clinics of 24 leading scientists and physicians, revealing some of the most cutting-edge research advances.

"Caregivers" shines a light on the sacrifices and successes made by people experiencing their loved ones' gradual descent into dementia. Free Medical Advice published By [Dr Vivienne Balonwu](#).

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